

# VINEYARD church

## PRAYER & FASTING

### DAY 13

#### Scripture Focus

*"The one thing I ask of the Lord – the thing I seek most – is to live in the house of the Lord all the days of my life, delighting in the Lord's perfections and meditating in his Temple. For he will conceal me there when troubles come; he will hide me in his sanctuary. He will place me out of reach on a high rock."*

– Psalm 27: 4-5 (NLT)

#### Presence of God

There have been different seasons of my life where it felt like I was in a constant battle. It felt like I was taking hit after hit, and I just couldn't catch a break. I tried to carry the weight of my circumstances on my own, and the weight became overwhelming.

But when I prioritized my relationship with the Lord and invited Him into my struggles, my circumstances didn't necessarily change, but my perspective did. When I prioritize my relationship with the Lord, I can recognize how He remains good even when my circumstances maybe aren't.

#### How You Prioritize the Lord

Through this scripture, we are reminded that troubles will come in our lives. It can be tempting for us to try and control our circumstances or to think we can handle them on our own. But we must be intentional to prioritize inviting the Lord's presence in our lives. When we are meditating on the things of the Lord, our perspective will begin to change.

Take a moment to reflect on how you can prioritize the Lord in your life.

- Are there different areas of your life that you need to invite the Lord into?
- What has the focus of your mind been? What are the things you have been meditating on?
- In what ways this week can you be intentional to seek the presence of the Lord and to meditate on His goodness?

#### Prayer

*Lord, thank you for seeing my circumstances and meeting me right in the midst of them. Help me to recognize when I have tried to be in control and when my attention hasn't been on you. Lord, would you help me to fix my gaze on you and help me to see my circumstances through your good and perfect will. Lord, I love you and praise you. Amen.*

*Whitley Watkins*

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